# CHAI TEA

INGREDIENTS
4 CUPS WATER
3—4 CINNAMON STICKS
10 CARDAMON SEEDS, CRACKED 1 NUTMEG SEED, CRACKED 1/4 CUP SUGAR (OR 2—3 TBSP HONEY) 3—4 TEA BAGS (BLACK) MILK OR CREAM— TO TASTE

### DIRECTIONS

BOIL FIRST 5 INGREDIENTS FOR SEVERAL MINUTES . ADD SUGAR OR HONEY AND TEA. REMOVE FROM HEAT AND ALLOW TEA TO INFUSE.STRAIN INTO CUPS AND ADD MILK OR CREAM TO TASTE

## CHAI TEA

INGREDIENTS
4 CUPS WATER
3—4 CINNAMON STICKS
10 CARDAMON SEEDS, CRACKED 1 NUTMEG SEED. CRACKED 1/4 CVP SUGAR (OR 2-3 TBSP HONEY) 3-4 TEA BAGS (BLACK) MILK OR CREAM— TO TASTE

## DIRECTIONS

BOIL FIRST 5 INGREDIENTS FOR SEVERAL MINUTES . ADD TO TASTE

## CHAI TEA

### INGREDIENTS

4 CUPS WATER 3-4 CINNAMON STICKS 10 CARDAMON SEEDS, CRACKED 1 TSP (LOVES 1 NUTMEG SEED, CRACKED 1/4 CUP SUGAR (OR 2—3 TBSP HONEY) 3-4 TEA BAGS (BLACK) MILK OR CREAM— TO TASTE

### DIRECTIONS

BOIL FIRST 5 INGREDIENTS FOR SEVERAL MINUTES . ADD SUGAR OR HONEY AND TEA. REMOVE FROM HEAT AND ALLOW SUGAR OR HONEY AND TEA. REMOVE FROM HEAT AND ALLOW TEA TO INFUSE.STRAIN INTO CUPS AND ADD MILK OR CREAM TEA TO INFUSE.STRAIN INTO CUPS AND ADD MILK OR CREAM TO TASTE

# CHAI TEA

INGREDIENTS
4 CVPS WATER
3—4 CINNAMON STICKS
10 CARDAMON SEEDS, CRACKED 1 ISP ULUVES 1 NVTMEG SEED, CRACKED 1/4 CVP SVGAR (OR 2—3 TBSP HONEY) 3—4 TEA BAGS (BLACK) MILK OR CREAM— TO TASTE

#### DIRECTIONS

BOIL FIRST 5 INGREDIENTS FOR SEVERAL MINUTES . ADD SUGAR OR HONEY AND TEA. REMOVE FROM HEAT AND ALLOW TEA TO INFUSE.STRAIN INTO CUPS AND ADD MILK OR CREAM TO TASTE

# CHAI TEA

INGREDIENTS
4 CUPS WATER
3—4 CINNAMON STICKS
10 CARDAMON SEEDS, CRACKED
1 TSP CLOVES 1/4 CUP SUGAR (OR 2—3 TBSP HONEY) 3—4 TEA BAGS (BLACK) MILK OR CREAM— TO TASTE

### DIRECTIONS

BOIL FIRST 5 INGREDIENTS FOR SEVERAL MINUTES . ADD SUGAR OR HONEY AND TEA. REMOVE FROM HEAT AND ALLOW TO TASTE

# CHAI TEA

## INGREDIENTS

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### DIRECTIONS

BOIL FIRST 5 INGREDIENTS FOR SEVERAL MINUTES. ADD SUGAR OR HONEY AND TEA. REMOVE FROM HEAT AND ALLOW TEA TO INFUSE.STRAIN INTO CUPS AND ADD MILK OR CREAM TEA TO INFUSE.STRAIN INTO CUPS AND ADD MILK OR CREAM TO TASTE